

EXPERIENCES
by Cindy Canek

REIKI I

THE DIVINE LIGHT

AN ACTIVATION
INTO THE LIGHT

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LOS ANGELES, CA

Cindy Canek

REIKI I | THE DIVINE LIGHT

An in-person initiation into Reiki for those ready to move beyond curiosity and step into their gifts with intention.

This experience is designed to open your channel and reconnect you with your natural ability to work with energy in a grounded, embodied, and accessible way. Whether you are completely new to Reiki or have felt spiritually disconnected from previous teachings, this space was created to help you experience Reiki differently: safely, deeply, and in a way that truly integrates into your life.

This is not just about learning techniques.
It is about remembering your connection to yourself.

THIS SPACE IS FOR YOU IF YOU...

- Feel ready to deepen your intuition and energetic awareness
- Are seeking a more immersive and embodied spiritual experience that still feels grounded and human
- Feel called toward healing, self-discovery, or personal transformation
- Want to support yourself and loved ones through energy work

Together, we focus on activation, embodiment, nervous system safety, energetic awareness, and inner trust, creating a strong foundation for your Reiki journey. You are not simply learning Reiki - you are being opened to it.

WHAT YOU'LL EXPERIENCE

The Divine Light: Reiki I is a powerful initiation into the world of energy healing. During this intimate gathering, you will receive a sacred Reiki attunement and foundational teachings designed to help you reconnect with your body, your intuition, and your innate ability to restore balance from within.

You'll learn how to:

- channel Reiki energy through your hands
- ground and regulate your nervous system
- clear and protect your energy
- support emotional and energetic healing
- use Reiki for yourself, loved ones, children, pets, and everyday life
- build confidence and trust in your intuitive abilities

From the very first meeting, you begin practicing.
This is hands-on deeply personal work.

INCLUDED IN YOUR EXPERIENCE

- In-person Reiki I initiation and attunement
- Reiki I learning materials
- Guided energetic and embodiment practices
- One month of virtual group mentorship and integration support
- Guided healing and continued practice after the class

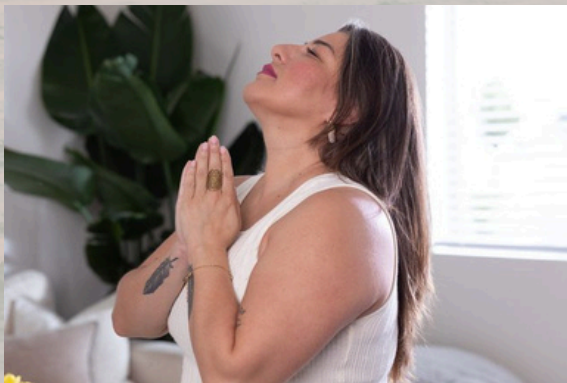
This integration period allows you to move at your own rhythm while receiving support, guidance, and community as your relationship with Reiki deepens.

TESTIMONIALS

“Even though I am Reiki certified, I had been feeling lost and even unsure of how I felt about starting to practice Reiki again. The way I was taught felt incomplete until now. But the safe space that Cindy created during and even after the day has made such a difference.”

“Since completing the program, my perspective has changed so much, it is like the fog cleared and my vision is clearer. I am much more intentional about my life and have found a much deeper spiritual practice, in such a short period of time.

I feel like I stepped into my power, and I’m excited for what the future holds and how I can be of service to others.”



JOIN CINDY CANEK

With over 8 years of experience in spiritual and energetic work, Cindy has continuously refined her approach to Reiki teaching to create experiences that feel transformative, and deeply supportive. Her classes go beyond information, they are designed to help students truly embody the work and build a lasting relationship with healing, intuition, and self-trust.